

# Best Ever Records Male

As at the end of the 2008 - 2009 Season

NB: (S/R) denotes Standing Record.

## Under 6 Boys

50 Metres	R Lene	Centre	2009	9.4
70 Metres	C Sonego	Centre	1986	13.0
100 Metres	J Spargo	Centre	1986	18.3
200 Metres	C Sonego	Centre	1986	40.5
300 Metres	E Dhu	Centre	2004	1.06.0
Shot Put	L Oxley	Centre	2005	5.64m
Long Jump	P Pender	Centre	1996	2.72m
Discus	E Burton	Centre	2005	14.68m

## Under 7 Boys

50 Metres	C Willmott	Zone	2007	8.4
70 Metres	C Moore	Regional	1983	11.7
100 Metres	C Moore	Regional	1983	16.6
200 Metres	C Moore	Regional	1983	34.4
500 Metres	E Dhu	Zone	2005	1.46.2
Long Jump	C Moore	State	1983	3.49m
Shot Put	S Selmes	Centre	1986	7.15m
Discus (350g)	L Harrison	Centre	2009	18.10m
Discus (500g) S/R	D Martin	Centre	1990	14.28m

## Under 8 Boys

70 Metres	C Moore	State	1984	10.7
100 Metres	S Dalton	Regional	1985	15.2
	J Thompson	Regional	2002	15.2
200 Metres	C Moore	Zone	1984	32.1
400 Metres	L Graham	Regional	1990	1.15.8
700 Metres	E Dhu	Multi	2006	2.19.0
Long Jump	C Moore	State	1984	3.98m
Shot Put (1.5kg)	S Raki	Zone	2005	8.80m
Shot Put (1kg) S/R	C Moore	Centre	1984	9.27m
Shot Put (2kg) S/R	G Quirk	State	1982	6.76m
Discus (350g) S/R	G Davis	Zone	1992	20.16m
Discus (500g)	S Selmes	Regional	1987	21.96m
60M Hurdles	C Willmott	Centre	2008	11.2

## Under 9 Boys

70 Metres	K Dominici	State	2007	10.3
	J Chandler	State	2009	10.3
100 Metres	A Hosking	State	1989	14.1
200 Metres	T Lene	State	2008	29.7

400 Metres	D Paabo	State	1982	1.06.8
800 Metres	E Dhu	State	2007	2.34.1
60M Hurdles S/R	N Pettit	State	1989	9.8
60M Hurdles S/R	D Paabo	Regional	1982	10.35
60M Hurdles	T Lene	State	2008	10.1
700M Walk	G Sullivan	Regional	2000	3.52.6
800M Walk S/R	M Richardson	State	1986	4.03.7
Long Jump	C Moore	Regional	1985	4.41m
High Jump	J Trindall	Centre	2008	1.28m
Shot Put	J Zlomisljic	State	1985	8.37m
Discus	J Zlomisljic	Centre	1985	27.84m

## Under 10 Boys

70 Metres	T Lene	Zone	2009	9.9
100 Metres	T Lene	State	2009	13.9
200 Metres	T Lene	State	2009	28.8
400 Metres	D Paabo	State	1983	1.03.3
800 Metres	G Quirk	Zone	1984	2.31.7
1500 Metres	G Quirk	Zone	1984	5.01.2
60M Hurdles S/R	A Ellis	State	1993	9.4
60M Hurdles S/R	D Paabo	Regional	1983	10.2
60M Hurdles	A McNab	State	2006	9.9
800M Walk S/R	A Channells	State	1991	3.41.9
1100M Walk	N Henshaw	State	2003	5.37.1
Long Jump	M Cavassini	State	1998	4.60m
High Jump	A O'Keefe	Centre	1986	1.33m
Shot Put	J Talbot	Regional	1989	10.18m
Discus	S Selmes	Regional	1989	33.40m

## Under 11 Boys

100 Metres	S Condon	State	1999	13.4
200 Metres	A Hosking	Multi	1991	28.0
400 Metres	D Paabo	State	1984	1.01.4
800 Metres	S Meehan	State	1992	2.29.9
1500 Metres	S Meehan	State	1992	4.58.1
60M Hurdles S/R	N Pettit	State	1991	9.8
60M Hurdles	L Levy	State	2007	9.8
1100M Walk	E Dhu	State	2009	5.31.1
1500M Walk S/R	M Richardson	State	1988	7.22.9
Long Jump	A Ellis	Multi	1994	4.83
High Jump	S Mace	State	1996	1.45m
Triple Jump	A Ellis	Centre	1994	10.17m
Shot Put 3kg S/R	J Talbot	Centre	1990	10.29m
Shot Put 2kg	K Browning	Centre	2001	11.05m
Discus	Selmes	State	1990	33.00m

## Under 12 Boys

100 Metres	D Olivera	State	2003	12.5
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200 Metres	S Brooker	Nationals	1989	25.6
400 Metres	D Paabo	State	1985	59.3
800 Metres	S Condon	State	2000	2.20.1
1500 Metres	S Meehan	State	1993	4.49.2
60M Hurdles S/R	D Paabo	State	1985	9.1
60M Hurdles	N Rushworth	State	2004	9.7
1500M Walk	M Dowell	State	1986	7.06.8
Long Jump	S Condon	Centre	2000	5.03m
High Jump	D King	Regional	1998	1.56m
Triple Jump	S Brooker	Centre	1989	15.61m
Discus	S Brooker	Nationals	1989	48.10m
Shot Put	S Brooker	Zone	1989	15.61m

## Under 13 Boys

100 Metres	S Brooker	State	1990	12.0
200 Metres	S Brooker	State	1990	25.0
400 Metres	S Condon	Nationals	2000	55.6
800 Metres	S Condon	State	2000	2.12.2
1500 Metres	S Van Bentum	State	1988	4.49.2
3000 Metres	B Keys	Centre	2002	10.30.3
60M Hurdles S/R	D Shaw	Zone	1983	10.6
80M Hurdles S/R	D Paabo	Regional	1986	12.4
80M Hurdles	C Ejea	State	1995	12.6
90M Hurdles S/R	J Devine	State	1991	13.6
200M Hurdles S/R	D Paabo	Regional	1986	28.6
200m Hurdles	N Rushworth	State	2005	28.4
1500M Walk	B Keys	Zone	2002	7.04.6
Long Jump	S Brooker	Multi	1990	5.69m
High Jump	B Martin	State	2005	1.61m
Triple Jump	N Ramsey	State	2009	11.41m
Shot Put	T Moeroa	State	2009	19.11m
Australian Best Ever Performance		(National Record)		
Discus	T Moeroa	National	2009	55.01m
		(National Record)		
Javelin	T Moeroa	National	2009	40.25m

## Under 14 Boys

100 Metres	A Pomeroy	National	1994	11.3
200 Metres	A Pomeroy	State	1994	23.5
400 Metres	S Foresheew	State	1992	55.30
800 Metres	G Quirk	State	1988	2.08.8
1500 Metres	G Quirk	Centre	1988	4.38.3
3000 Metres	J Hill	State	1996	10.01.0
90M Hurdles	N Rushworth	State	2006	12.8
200M Hurdles	A VanDerVoort	State	2005	27.1
1500M Walk	M Dowell	State	1988	6.37.6
Long Jump	S Foresheew	State	1992	5.96m
High Jump	B Martin	State	2006	1.75m
Triple Jump	N Kirby	Regional	1993	11.37m
Shot Put 3kg S/R	D Fuderic	State	1987	12.98m
Shot Put 4kg	K Browning	Centre	2005	13.30m
Discus	K Browning	State	2005	46.04m

Javelin	K Browning	Regional	2005	42.14m
<b>Under 15 Boys</b>				
100 Metres	A Pomeroy	State	1995	11.2
200 Metres	A Pomeroy	State	1995	25.3
400 Metres	G Quirk	Centre	1989	54.2
800 Metres	G Quirk	National	1989	2.02.4
1500 Metres	D Brown	State	1999	4.25.7
3000 Metres	D Brown	State	1999	9.44.4
90M Hurdles S/R	S Van Bentum	State	1990	13.1
90M Hurdles S/R	S Meehan	State	1992	13.1
90M Hurdles S/R	N Shearan	Centre	1994	14.7
100M Hurdles	N Rushworth	State	2007	13.3
200M Hurdles S/R	R Bangel	Centre	1988	27.1
200M Hurdles S/R	J Devine	Regional	1993	27.1
200M Hurdles S/R	A Pomeroy	Centre	1995	27.4
200M Hurdles	R Lockley	State	2001	25.9
1500M Walk	M Dowell	State	1989	6.18.0
Long Jump	G Quirk	State	1989	6.64m
High Jump	B Martin	Regional	2007	1.86m
Triple Jump	B Martin	Regional	2007	12.23m
Shot Put	K Browning	State	2006	13.96m
Discus	K Browning	State	2006	50.08m
Javelin	C Ejea	Centre	1997	46.90m

## Under 17 Boys

100 Metres	N Rushworth	Centre	2008	12.4
200 Metres	N Rushworth	Centre	2008	24.4
400 Metres	N Rushworth	Regional	2009	54.6
800 Metres	N Linton	Centre	2008	2.34.1
3000 Metres	N Linton	Centre	2008	12.01.1
100M Hurdles S/R	N Rushworth	Zone	2009	13.1
110M Hurdles	N Rushworth	Centre	2008	14.5
200M Hurdles	N Rushworth	Regional	2009	25.1
Long Jump	B West	Centre	2008	5.19m
High Jump	N Rushworth	State	2009	1.84m
Triple Jump	N Rushworth	Centre	2008	11.85m
Shot Put (4kg) S/R	B West	Centre	2008	12.75m
Shot Put (5kg)	J Chalker	Centre	2009	7.40m
Discus (1kg) S/R	B West	Centre	2008	32.89m
Discus (1.5kg)	J Chalker	Zone	2009	20.62m
Javelin (600g) S/R	B West	Centre	2008	37.31m
Javelin (700g)	J Chalker	Regional	2008	20.37m