

Best Ever Records Female

As at the end of the 2008 - 2009 Season
NB: (S/R) denotes Standing Record

Under 6 Girls

50 Metres	A Kilititi	Centre	2009	9.6
70 Metres	MO'Keeffe	Centre	1986	13.1
	DKeller	Centre	2008	13.1
100 Metres	MO'Keeffe	Centre	1986	19.0
200 Metres	MO'Keeffe	Centre	1986	40.2
300 Metres	K Shaw	Centre	2004	1.06.7
Shot Put	S Currie	Centre	1997	4.40m
Long Jump	D Terre	Centre	1997	2.75m
Discus	A Harrison	Centre	2005	10.31m

Under 7 Girls

50 Metres	A Marshall	Zone	2007	9.0
	TCampbell	Zone	2007	9.0
	DKeller	Zone	2009	9.0
70 Metre	B Konopka	Centre	1986	11.8
100 Metres	B Konopka	Centre	1986	16.8
200 Metres	B Konopka	Centre	1986	36.3
500 Metres	A Konopka	Zone	1991	1.51.0
Long Jump	DKeller	Centre	2009	3.22m
Shot Put	B Doja	Centre	1994	5.44m
Discus (350g)	K Shaw	Multi	2005	13.61m
Discus (500g)S/R	R Freeman	Centre	1990	6.38m

Under 8 Girls

70 Metres	B Konopka	Regional	1987	10.9
100 Metres	B Konopka	Regional	1987	15.9
200 Metres	B Konopka	Regional	1987	32.6
400 Metres	B Konopka	Centre	1987	1.16.2
700 Metres	K.Wallace	Regional	1999	2.25.8
Long Jump	B Konopka	Regional	1987	3.52m
Shot Put (1.5kg)	B-L Lewis-Cooke	Zone	2007	5.98m
Shot Put (1 kg)S/R	MO'Keeffe	Centre	1988	7.40m
Shot Put (2 kg)S/R	K Edwards	Centre	1982	3.12m
Discus (500g)	K Shaw	Multi	2006	17.85m
Discus (350 g)S/R	N Everard	Centre	1993	11.63m
60M Hurdles	TCampbell	Regional	2008	11.2

Under 9 Girls

70 Metres	E Alexander	State	1996	10.4
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	L Verlinden	State	1998	10.4
100 Metres	B Konopka	Regional	1988	15.0
200 Metres	B Konopka	State	1988	31.9
400 Metres	B Doja	State	1996	1.12.0
800 Metres	E Micallief	State	1992	2.49.1
60M Hurdles S/R	J Harvey	State	1992	10.6
60M Hurdles S/R	K Winn	Centre	1984	11.5
60M Hurdles	TCampbell	State	2009	10.5
700M Walk	K Shaw	State	2007	3.33.8
800M Walk S/R	B Edwards	Regional	1989	3.20.0
Long Jump	TCampbell	Centre	2009	4.28m
High Jump	K Shaw	State	2007	1.26m
Shot Put	JMoeroa	Centre	2009	7.89m
Discus	JMoeroa	State	2009	28.41m

Under 10 Girls

70 Metres	L.Verlinden	State	1999	10.0
100 Metres	L.Verlinden	State	1999	14.1
200 Metres	A Joo	Regional	1984	31.0
400 Metres	A Doja	State	1997	1.09.2
800 Metres	L Fuller	State	1991	2.44.9
1500 Metres	L Cutler	Regional	1987	5.34.7
60M Hurdles S/R	B Konopka	State	1989	9.4
60M Hurdles S/R	A Joo	Centre	1984	10.3
60M Hurdles	K Shaw	Zone	2008	11.6
800M Walk S/R	B Edwards	State	1990	4.03.0
1100M Walk	P Gough	Regional	1996	5.37.5
Long Jump	B Konopka	Zone	1989	4.16m
High Jump	K Shaw	State	2008	1.40m
Shot Put	ICaptatsis	Regional	2006	8.76m
Discus	M Smith	State	1996	26.22m

Under 11 Girls

100 Metres	E Singh	State	2006	13.4
200 Metres	E Singh	State	2006	27.4
400 Metres	B Collard	State	2009	1.06.5
800 Metres	B Collard	State	2009	2.30.4
1500 Metres	B Collard	State	2009	5.07.4
60M Hurdles S/R	A Joo	Regional	1985	10.0
60M Hurdles S/R	B Konopka	State	1990	10.0
60M Hurdles	J Harvey	State	1994	10.0
1100M Walk	KEvans	State	1997	5.08.8
	(National Record)			
1500M Walk S/R	B Edwards	State	1991	7.43.8
Long Jump	F Asiata	Centre	2002	4.69m
High Jump	K Shaw	Regional	2009	1.47m
Triple Jump	F Asiata	State	2003	10.12m
Shot Put	MO'Keeffe	State	1991	10.40m
Discus	ICapratisis	State	2007	27.48m

Under 12 Girls

100 Metres	F Asiata	State	2004	13.0
200 Metres	E Singh	Regional	2007	27.0

400 Metres	B Konopka	State	1991	1.01.5
800 Metres	B Konopka	Multi	1991	2.28.0
1500 Metres	M Keys	Zone	1982	5.09.0
60M Hurdles S/R	B Konopka	State	1991	9.2
60M Hurdles	JKilititi	State	2008	10.2
1500M Walk	K Donnelly	State	1991	7.33.0
Long Jump	JKilititi	State	2008	5.00m
High Jump	M Johnston	State	1989	1.40m
Triple Jump	F Asiata	State	2004	10.74m
Shot Put	M Smith	Regional	1998	10.45m
Discus	S Volk	State	1989	27.78m

Under 13 Girls

100 Metres	L Verlinden	State	2000	12.4
200 Metres	L Verlinden	Regional	2000	26.8
400 Metres	B Konopka	State	1992	59.0
800 Metres	Konopka	State	1992	2.24.0
1500 Metres	MCrichton	State	1992	5.02.0
3000 Metres	MCrichton	State	1992	10.54.0
60M Hurdles S/R	PPaabo	Zone	1983	10.4
80M Hurdles S/R	JHeath	Centre	1986	15.6
80M Hurdles	JKilititi	State	2009	13.2
90M Hurdles S/R	B Konopka	Multi	1992	13.6
200M Hurdles S/R	B Konopka	Centre	1992	29.1
200M Hurdles S/R	L Fuller	Centre	1994	33.4
200M Hurdles	A Konopka	Regional	1997	31.7
1500M Walk	M Keys	State	1983	7.24.1
Long Jump	JKilititi	State	2009	5.15m
High Jump	RGates	State	1985	1.50m
Triple Jump	JKilititi	State	2009	11.61m
Shot Put	MO'Keeffe	National	1993	11.80m
Discus S/R	MO'Keeffe	State	1993	32.36m
Discus	M Smith	Centre	1999	31.75m
Javelin	PPillae	State	2006	37.21m

Under 14 Girls

100 Metres	L Verlinden	State	2003	12.1
200 Metres	L Verlinden	Zone	2002	25.5
400 Metres	B Konopka	Centre	1993	1.01.9
800 Metres	MCrichton	State	1993	2.19.1
1500 Metres	MCrichton	State	1993	4.46.9
3000 Metres	MCrichton	Centre	1993	11.31.5
80M Hurdles	PPillae	State	2007	13.5
90M Hurdles S/R	A Joo	State	1988	13.8
200M Hurdles S/R	A Joo	State	1988	28.9
200M Hurdles S/R	D Williams	Centre	1995	33.0
200M Hurdles	ELatouche	State	2006	31.0

1500M Walk	K Donnelly	State	1993	7.16.8
Long Jump	V Comerford	Centre	1991	5.32m
High Jump	MMurphy	Regional	2008	1.56m
Triple Jump	V Comerford	Centre	1991	11.03m
Shot Put	MO'Keeffe	Zone	1994	12.12m
Discus	MO'Keeffe	State	1994	33.68m
Javelin	M Wynne	State	2000	36.86m

Under 15 Girls

100 Metres	L Verlinden	Zone	2004	12.6
200 Metres	L Verlinden	Zone	2004	25.8
400 Metres	B Konopka	Centre	1994	1.00.7
800 Metres	MCrichton	State	1994	2.17.6
1500 Metres	MCrichton	State	1994	4.44.7
3000 Metres	MCrichton	State	1994	10.51.3
90M Hurdles S/R	V Comerford	State	1992	13.5
90M Hurdles	B Konopka	Zone	1994	13.9
200M Hurdles S/R	B Richardson	Regional	1990	28.9
200M Hurdles S/R	B Konopka	Regional	1994	28.2
200M Hurdles	ELatouche	Zone	2007	30.6
1500M Walk	R McAskill	State	1997	6.24.4
	(National Record)			
Long Jump	B Richardson	State	1990	5.26m
High Jump	B Richardson	Multi	1990	1.48m
Triple Jump	B Richardson	State	1990	10.92m
Shot Put	D Sosimenko	Regional	1989	13.30m
Discus	D Sosimenko	Regional	1989	36.64m
Javelin	M Wynne	Regional	2001	38.01m

Under 17 Girls

100 Metres	K Shannon	State	2009	12.9
200 Metres	K Shannon	State	2009	26.6
400 Metres	K Shannon	State	2009	1.03.7
800 Metres	K Shannon	Centre	2009	3.08.2
Long Jump	K Shannon	Centre	2009	4.12
High Jump	K Shannon	Centre	2009	1.25
Triple Jump	K Shannon	Centre	2009	8.98